



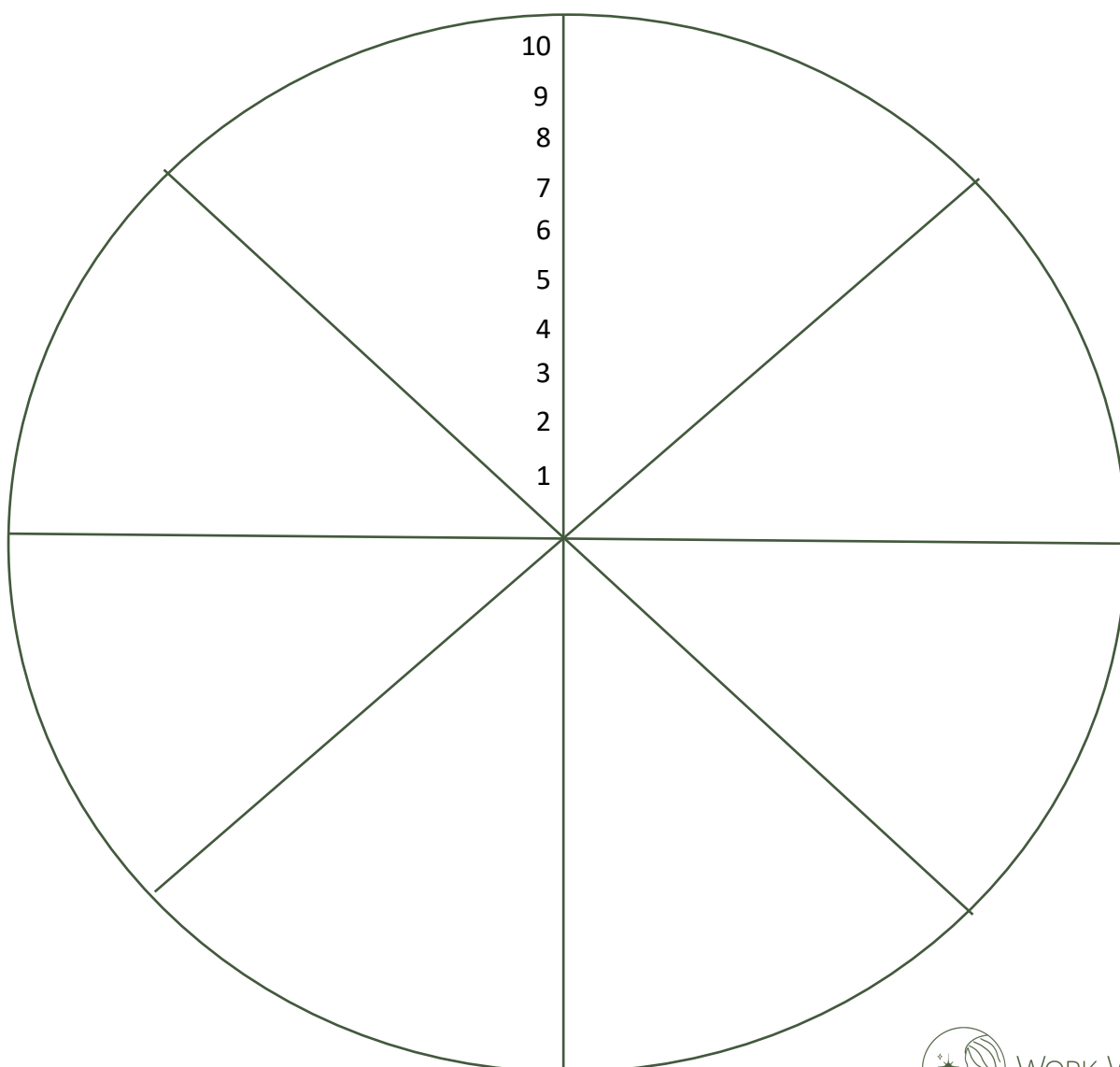
What do I want in my career right now, vs. in the future?

Think of 8 criteria that are important in a role for you. For example, you may be looking for a particular income level, flexibility, specific hours, type of work, location of work, industry, etc.

Label each segment on the wheel with one of these criteria. Then take a coloured pen and make a dot on each axis to highlight how important that criteria is for you right now. 10 = very important, and 1 = not important at all. When you have 8 dots, join them together to make one, probably slightly lopsided, octagon shape. Then, repeat this process but for your dream role, where you would ultimately like your career to end up.

Reflect, how closely aligned are your two octagons? If they are very similar, it suggests that right now, everything is important to you. That's also fine! At least you are now clear - I am NOT willing to compromise on these things. Or you might see that some aspects are very important now but that changes in the future, and vice versa.

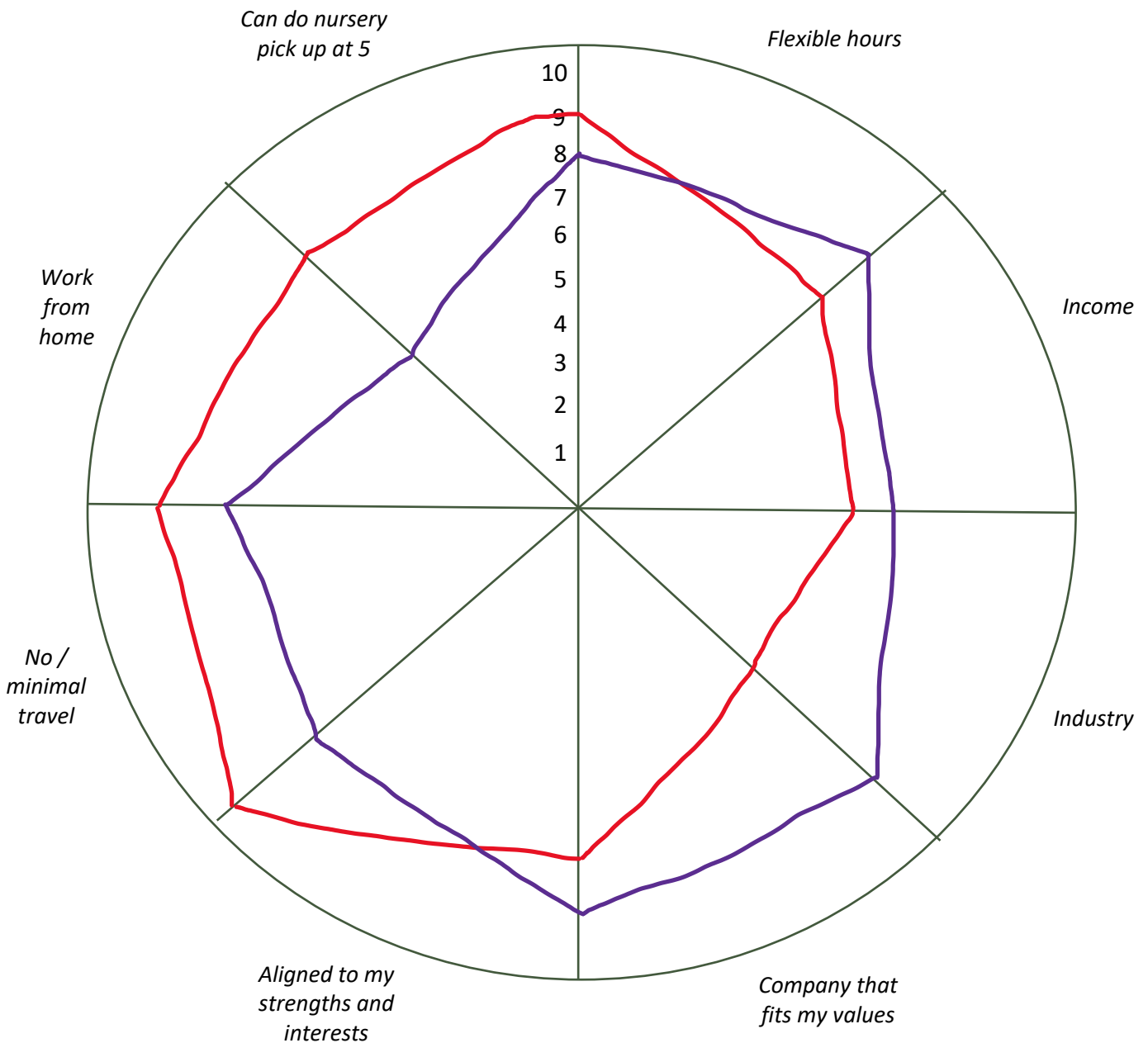
This exercise forces us to consider what is REALLY important, understand any trade-offs you are OK with right now, and see how this may change over time.





Real Example:

In this example, the red line shows this mother's current key considerations for her role - you can see that flexible hours, being able to do nursery pick up, being able to work from home and having minimal travel are all very important. The purple line shows her expected future, dream role. You can see that income becomes marginally more important (perhaps she is willing to sacrifice some income right now for that flexibility). The need for zero travel, and the need to do nursery pick up, also reduce in importance.



What is clear here is that really, flexible hours are what this mother needs in her role at present and should be a key consideration when weighing up any options for her career. She is willing to sacrifice some things, which are still important to her, and that she may later go back to, right now to achieve that, like working in her preferred industry.