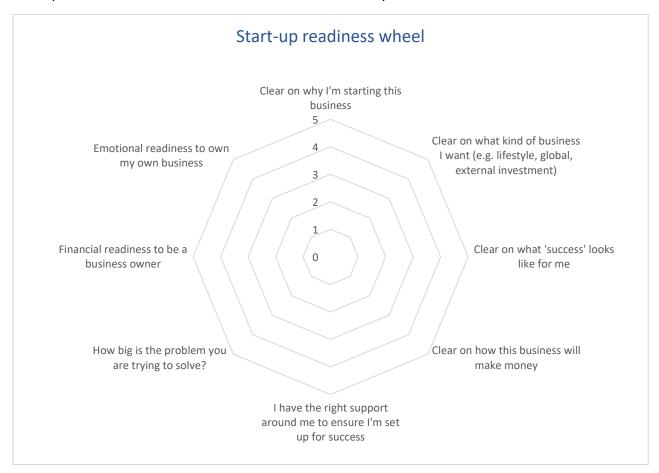
Ellie Yell Coaching & Consulting Start-up Readiness Activity

Mark your answers on the wheel below and answer the questions below.



10 Self-reflection Questions

- 1. Which are the areas where I feel most and least ready?
- 2. Which area do I really need to focus on to help me?
- 3. In an ideal world, what does success look like in that area?

4.	How could I measure it?
5.	What am I doing so far that is helping me work towards that goal?
6.	What is happening right now that are blockers to helping me achieve that goal?
7.	What could I do? What else could I do?
8.	Who could help me with this?
9.	What will you do? By when?
10.	On a scale of 1-10 how committed are you to doing this?
Repeat this process for each of the areas you choose to work on.	
If the conclusion you come to is that starting a business in not the right thing for you right now, then that is a successful outcome!	
If you are looking for a coach to support your business or want to dive deeper into one of these aspects, contact Ellie Yell directly at ellieyell@gmail.com Browse her profile on the CIM platform https://www.linkedin.com/in/ellieyell001/ or connect with her via LinkedIn https://www.linkedin.com/in/ellieyell001/	